

# SHAHEED KARTAR SINGH SARABHA AYURVEDIC MEDICAL COLLEGE, SARABHA

## " DEPARTMENT OF SWASTHAVRITTA AND YOGA"

Organizing a SEMINAR on October, 06, 2023, on

"ROLE OF MILLETS IN CLINICAL NUTRITION"

Under the scheme of

#### "NATIONAL NUTRITIONAL MONTH 2023"



" Healthy Diet - Affordable for All "



#### **TOPICS FOR SEMINAR:**

1ST Prof.: Description of millets in various Samhitas and different

Texts.

2ND Prof.: Types of Millets and their Nutraceutical and Nutritional

Properties according to Modern and Ayurveda.

3RD YEAR: Ayurvedic and Modern review on Health and

Dietetics significance of Millets.

4TH YEAR: Clinical importance of Millets in various Diseases.

**VENUE: S.K.S.S. AUDITORIUM** 

DATE: OCTOBER, 06, 2023 TIME: 11:00 AM

### **KEYS SPEAKERS:**



BAMS 1ST Prof.



BAMS 2ND Prof.



BAMS 3RD YEAR



BAMS 4TH YEAR